



# Green Bay Area Chamber of Commerce

**FOR IMMEDIATE RELEASE**

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**HEALTH REVOLUTION- A CHECK-UP FOR YOUR BUSINESS**

Green Bay, WI (Feb. 11, 2011) – If you and your organization are ready to embrace significant change by empowering a culture of health, don't miss a workplace-transforming seminar called *Health Revolution*.

The seminar, presented by the Green Bay Area Chamber of Commerce, is being held on Wednesday, March 2, 2011, from 7:30 a.m. to 10 a.m. at the Hotel Sierra Breakout Center Auditorium. It brings together highly regarded experts who will share actionable health and workplace information, including:

- \* Dr. John Whitcomb, Aurora BayCare, who will present on nutrition and supplements and what modern medicine has forgotten along the way;

- \* Dr. James Rider, Bellin Health, who will address what a heart health “wakeup call” entails and what it really means to eat right, exercise and manage stress;

- \* Dr. Ashok Rai, Prevea Health, who will discuss how to create an incentive-based wellness program in your workplace that drives results;

- \* Paul Jadin, secretary for the Wisconsin Department of Commerce, who will present an introductory perspective on national, statewide and Green Bay area health.

*Health Revolution* will include a healthful continental breakfast and a toolkit of information with action plans you can take back to your business. Free parking will be available compliments of *The Business News*, in conjunction with the Business Expo that begins at 10 a.m. at the KI Convention Center.

Content of the event is geared specifically to chief executive officers, chief financial officers, human resource management, and other leaders in organizations seeking ways to create healthful changes and monetary results, but all are welcome. Registration is available on a first-come, first-serve basis and seating is limited. The cost is \$25.

To register, call contact Marilyn Heim at 593.3419 or visit [titletown.org](http://titletown.org).

The event is sponsored by Aurora BayCare Medical Center, Prevea, Bellin Health, SM Advisors, Green Bay Area Chamber of Commerce CEO Roundtable program and the Green Bay Area Chamber of Commerce CFO Roundtable program.

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Established in 1882, the mission of the Green Bay Area Chamber of Commerce is to serve as the focal point of economic and community development. Chamber programs include Advance, Partners in Education, Leadership Green Bay, Brown County Teen Leadership, Current Young Professionals Network, Good Government Council and the International Business Development Consortium.

For more information, call 920.437.8704 or visit [titletown.org](http://titletown.org).

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